



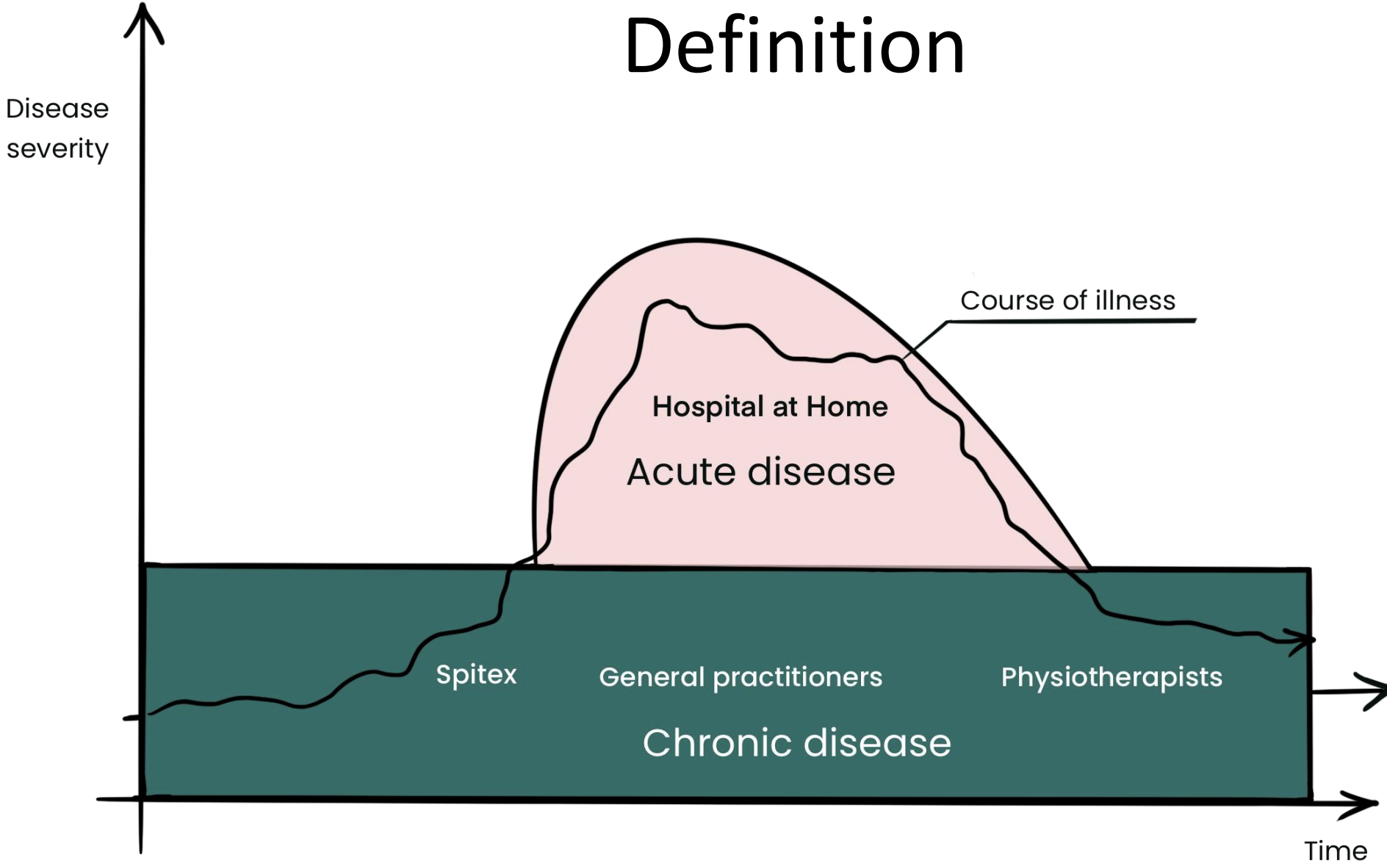
Hospital at Home

Individual acute treatment at the patient's home

04.06.2026

Linn Thorsteinsen, MD

Definition



Definition

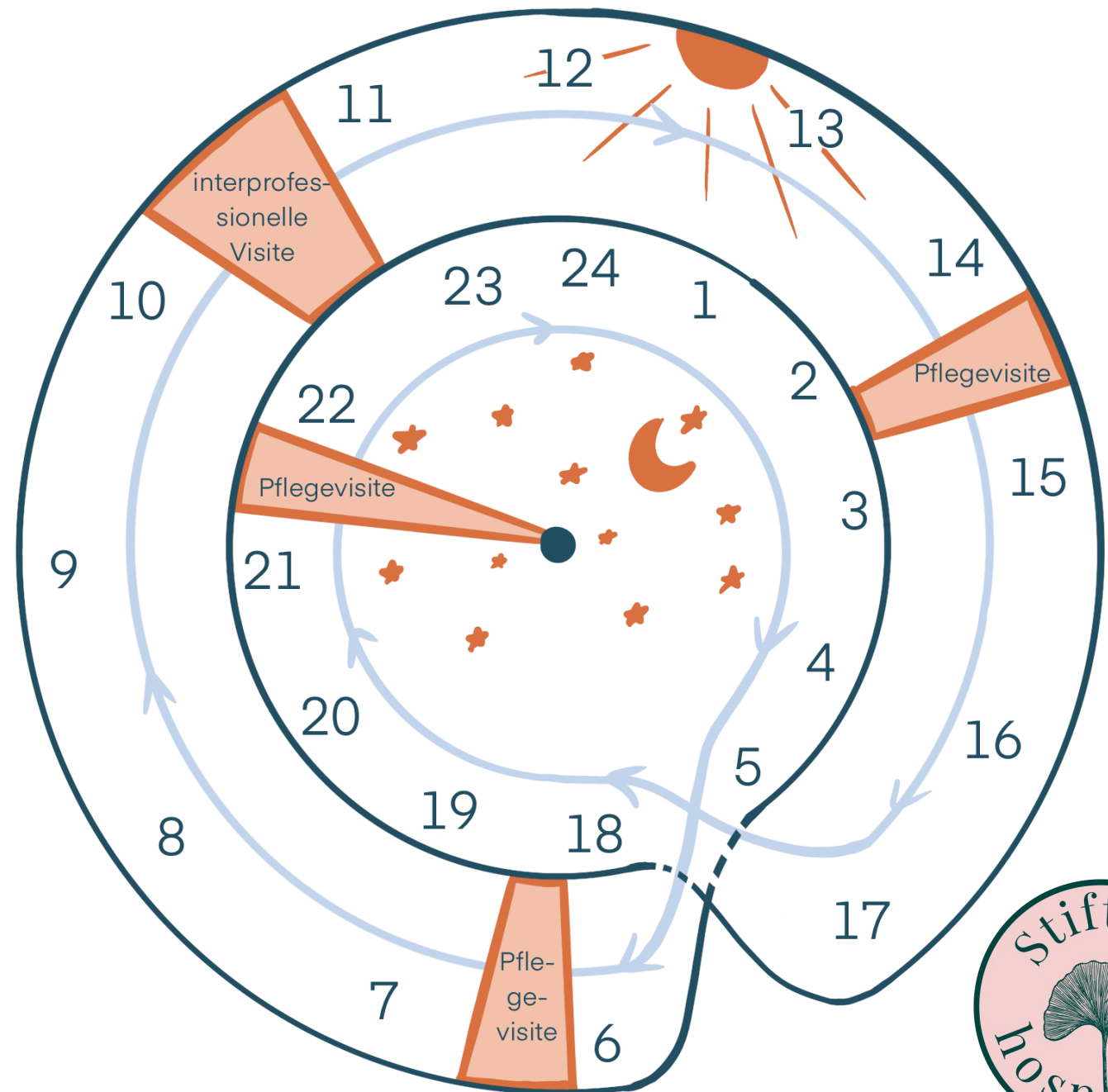
"Hospital at Home is an acute clinical service that replicates the personnel, equipment, technologies, medications, and capabilities typically provided in hospitals, delivering this level of care to selected patients in their own homes or care homes. For these patients, Hospital at Home replaces an inpatient hospital admission."

Swiss Hospital at Home Society (2024): *Hospital at Home –spitaläquivalentes Behandlungskonzept für die Schweiz. Der Informierte Arzt 12/2024, S. 36–37.*



Hospital at Home from a patient's perspective

- **The HaH team is available 24/7**
- **Visit times are coordinated to allow family members to be present.**



Inclusion criteria

- Technically possible
 - The patient lives in the service area and can be reached by phone around the clock.
- Medically appropriate
 - No intensive care or surgical treatment required.
- Socially accepted
 - The patient and family members consent to HaH.



Evolution of Hospital at Home in Switzerland



Visit – Spital Zollikerberg
Zuhause®



Klinik Arlesheim
Hospital at Home



ZUHAUSE GESUND WERDEN

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mies für üch



Kantonsspital
Baselland
genau für Sie

zuhaus



Universität
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Nov.
2021

Jan.
2023

März
2023

Juli
2023

Nov.
2023

Jan
2024

Juni
2024

Nov.
2024

Mai
2025

März
2026

hospitales
Wir ermöglichen
Hospital at Home



Barcelona, Spain | 30 March - 1 April 2023



Swiss HOSPITAL
at HOME Society



Berner
Fachhochschule



Swiss HOSPITAL
at HOME Society

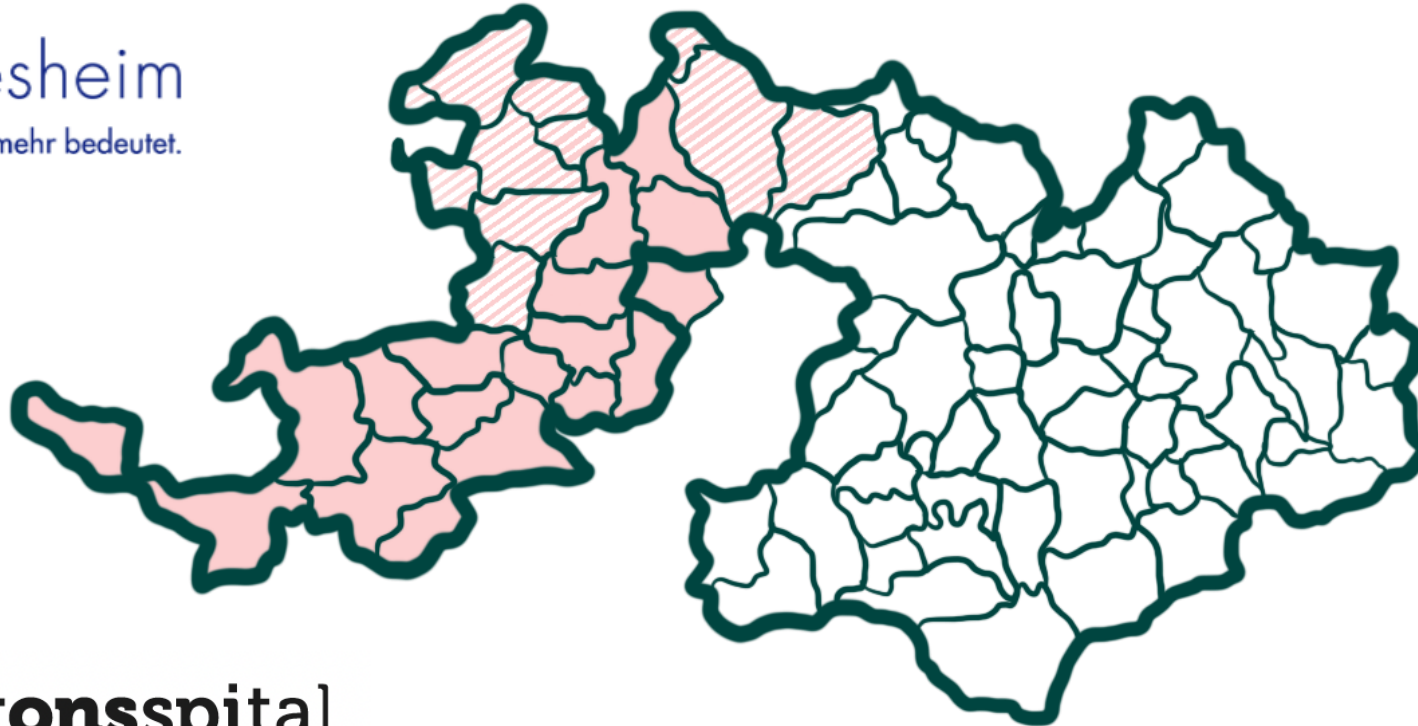


27-29 March 2025 | Vienna, Austria

Swiss Hospital at Home
Kongress
Ein neues spitaläquivalentes Behandlungskonzept
für die Schweiz



Hospital at Home Baselland



**Kantonsspital
Baselland**

Spital
zuhause



Publicity-campaign BL



Spital
zu**h**ause

**Mein Spital ist zuhause.
Da, wo ich mich
wohlfühle.**

Sie erhalten mit Spital zuhause eine sichere, individuelle Behandlung auf Spitalniveau. Da, wo Sie zuhause sind.

Kantonsspital
Baselland  Klinik Arlesheim



Spital
zu**h**ause

**Mein Spital ist zuhause.
Da, wo mein Leben
stattfindet.**

Sie erhalten mit Spital zuhause eine sichere, individuelle Behandlung auf Spitalniveau. Direkt bei Ihnen zuhause.

Kantonsspital
Baselland  Klinik Arlesheim



Spital
zu**h**ause

**Mein Spital ist zuhause.
Da, wo meine Familie
ganz nah ist.**

Sie erhalten mit Spital zuhause eine sichere, individuelle Behandlung auf Spitalniveau. Direkt bei Ihnen zuhause.

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Research

- Formative evaluation over 3 years
- Mixed methods design to assess costs, benefits and implementation outcomes in:
 - Micro-level: Patients and relatives
 - Meso-level: HCP's and hospitals
 - Macor-level: Regional healthcare system



Kantonsspital
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BASEL
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Smarter
Health Care



Experiences at Klinik Arlesheim – Descriptive Evaluation, Data 2023

(Publication June 2025 in: Praxis)



- ✓ Predominantly geriatric patients (mean age 73.2 years)
- ✓ 50% of patients have an SPI score below 32
- ✓ Referrals: 50% by general practitioners, 25% by emergency medical services (EMS), 25% via other pathways

- ✓ Low incidence of delirium, falls, and nosocomial infections
- ✓ No follow-up rehabilitation admissions or new nursing home placements
- ✓ Highly positive feedback from patients and family members

Evaluation report compiled by Bern University of Applied Sciences, commissioned by the association *hospitales*, in collaboration with Klinik Arlesheim



Hospital at Home for us:



**Patient centered
treatment at home**



**Collaborative medicine
and nursing**



**Cultural shift in the
hospital**



Patient-centered

- Real-life impressions
- Closer to relatives and social network
- Preventive care
- Better relationships with patients



Collaborating

- Nurses and doctors are working together
- Problem solving in a dynamic system
- Team-Meeting every week
- Flat hierarchies



Cultural shift

- Providing hospital-care outside of the hospital
- Safety: how safe is it to stay at home?
- Medical advantages



What still needs to be done in Switzerland:

- Spread the word, talk about it!
- National agreement on a fair Hospital-at-Home-DRG
- Scale
- Expand to different specialities (post-surgery, gynecology etc)



The „shadow“ of Hospital at Home

- It can be abused as a way of „cheaper acute medicine“
 - Tele-medicine
 - Onyl treating „mild cases“
- Our goal:
 - A clear definition for Hospital at Home
 - Keep the quality high: many HCP-patient-contacts, well-trained staff
 - Treating hospital-equivalent cases (illness severity)



Take home message

- Hospital at Home is value based medicine





Thank you

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